

Managing Allergies

According to the National Center for Health Statistics, more than 50 million Americans suffer from allergies. Whether you are a child or even an adult, new and different types of allergies can attack your body at any age. Common allergy symptoms include coughing, sneezing, sore throat, nasal discharge, aching body, and more.

Fanny Campbell, a Claremore resident for over 30 years, is no stranger to the mental frustration and physical irritation allergies can cause. Campbell initially identified her coughing and sneezing as a minor cold.

Campbell stated, "It never occurred to me that I might be having an allergic reaction to my outdoor surroundings or even the foods I was consuming on a daily basis."

Finally, Campbell's symptoms became extremely intolerable. Her nose was stuffy, her back ached, and her eyes were almost swollen shut. She was in so much discomfort that she decided to seek advice from a health professional. Campbell sought advice from her primary care physician who referred her to ear, nose, and throat specialist (ENT), Mark Welch, D.O., F.A.O.C.O.

Dr. Welch is an established ENT at the Ear, Nose, Throat, and Allergy Center located in Claremore. He is a board certified allergist, as well as, the only Otolaryngic Allergist (ENT) in Oklahoma who is fellowship trained in Oklahoma.

After Campbell's visit with Dr. Welch, it was determined a series of skin allergy tests were necessary to provide accurate information to decide the correct course of action for Campbell's treatment.

"Along with the outdoor allergies I originally suspected I was suffering from, I was also shocked to learn I have an allergy to dairy products too," Campbell stated.

In addition the skin allergy tests, Dr. Welch also performed a fibro-optic laryngoscopy procedure on Campbell's throat, a procedure he completed in the office. Dr. Welch found that Campbell's vocal chords were extremely swollen, almost to the point where her air circulation was restricted.

Dr. Welch prescribed two different medications to help control Campbell's allergy symptoms. After only 60 days, Campbell says she is refreshed and revitalized due to Dr. Welch's exceptional treatment.

"I was a reluctant participant at first but now I am a new woman," Campbell said emphatically.

If you or a loved one suffers from seasonal, food, or even every day allergies, call the highly-skilled professionals today at Ear, Nose and Throat Center at 341-5088 for your appointment.